



Newsletter of the
Idaho Falls
Unitarian Universalist
Church



All Services
10:30 a.m.

Meeting Place
555 "E" Street

Address
P.O. Box 50376
Idaho Falls, Idaho 83405-0376
Web Site: www.idahofallsuu.org

Minister
Rev. Lyn Stangland Cameron

Office Administrator
Theresa Gerstner
522-8269 or by appointment
office @idahofallsuu.org

Religious Education &
Exploration Administrator
Diane Harding
709-4128 or by appointment
Rebuild4RChildren@gmail.com

Executive Board
President: Kristi Brower
Past President: Hank Boland
President Elect: Alan Jines
Treasurer: Kay Vahalik
Secretary: Karen Schaefer
Members-at-large:
Jeff Leuschen
Ronda Knudson

For more information,
leave a message at 522-8269
or contact us via e-mail at
minister@idahofallsuu.org



Sunday Services
10:30 am

June 7

Seeking Spirit and Smelling the Roses

Many of us find our most spirit-filled life experiences while connecting with the natural world. Let us nurture that love of Earth and Spirit in this Sunday morning worship.

June 14

**An Intergenerational Service-programming designed for all ages—
*Flower Ceremony***

This is our beloved and honored traditional flower ceremony. Please bring a flower from your yard (or from the supermarket or the florist) to add to the magnificent display symbolizing the diversity of our community. This Sunday is also the last session of our regular Religious Education and Exploration Program before the summer program begins. There will be an appreciation ceremony for those who have made this REE program possible this year.

June 21

Faces of the New Fathers

Can a man who changes diapers still be "father?"
What does it really mean to "father?"

June 28

No Services in Idaho Falls

Members and friends are encouraged to carpool to the *Salt Palace* in Salt Lake City to worship with thousands of other UU's at our General Assembly at 9 am.

July 5

Where are We Going? Gathering and Sharing from GA!

A good number of us have spent time with Unitarian Universalists from all over the country. We have pondered at plenary and been moved by the spirit. Now how might we direct some of the energy and creativity from GA into this community?



Riverside Rev-flections

by Lyn Stangland Cameron



Minister's Hours

This is a general guideline. The nature of ministry means that I may be called away for meetings and pastoral visits and may not be in the office even during announced times. Please know that I can be reached by phone message or email and that I will respond as soon as possible. In event of an emergency you may call my home phone, 523-1531 or Richard Wilde of the Committee on Ministry who will nearly always know how to reach me.

Monday
no regular hours

Tuesday
by appointment

Wednesday
10:00 am – 5:00 pm

Thursday
10:00 am – 5:00 pm

Friday
Writing

Saturday
by appointment

Sunday
10:30 – 2:00

The IFUUF Website is:
www.idahofallsuu.org/
Take a look and
checkout the links!

Beginnings and Endings

They're already nearly gone – now standing beneath my "Chokecherries" only the slightest hint of last week's knock-out fragrance remains. The frothy white-to-leaves of green "hand-off" is nearly completed; even crab-apple bright pink confetti is disappearing into rusty dust. This year's pounding winds remind me that as a young child I believed that it was the trees' bending and waving that brought the breezes; that their wild branch activity made the wind blow! I wondered then what might motivate their moods. I find I still assign personality to plants; some dandelions simply *surrender*, their long- tapered roots slipping smoothly from the soil, while other individuals *stubbornly resist*, and I am forced to watch as they disintegrate rather than give up, petulantly scattering their milky limp soda-straw stems and messy leaves.

It is also odd that we generally seem to see spring and early summer as a time of **beginnings** – when for some plants and flowers spring-summer mark the **ending** of their long, quiet, steady growing time. For Unitarian Universalist Congregations spring-summer also marks an **ending** time along with the beloved beginning of vacation and warm weather! Spring-summer is in many ways a less ambitious and less focused time in the life of our church community but also an important time of meaningful community.

On June 14 our church will celebrate the conclusion of the fine Religious Education and Exploration program that our Religious Education Administrator Diane Harding and all the wonderful REE adult volunteers have worked so very hard to achieve, and the celebration of the "Flower Ceremony" a time-honored UU "end of year" ritual. Please remember to bring a flower from your garden or the roadside to symbolize your presence in our community.

For the summer months we are so very pleased to also welcome the beginning of a very special REE program led by Katie Metz, a very special and devoted scientist and science educator who will be planning terrific activities and programming for Sunday mornings for our UU youngsters.

The last week of June, (from June 24 through June 28) will be our UUA General Assembly in Salt Lake. This GA will showcase the artistry of our own Jennifer Ruskey and her terrific troop of UUCIF "Ambiance" Volunteers who have been planning and working for the last few weeks in anticipation of this western visit by so many UU's from all over the country. Please remember there will be no worship here on June 28 and plan to attend that Sunday's worship at the "Salt Palace" at 9:00 am.


Summer also marks the conclusion of what we fondly identify as our "program" year. During several Sundays in the months of July and August I will be off visiting with family, friends and colleagues to rest and replenish my own personal and spiritual "aquifer." During that time our UUCIF Worship Associates, some of our most creative and committed members, and other "guest speakers" will be filling our Sunday worship calendar. It is wonderful to regularly welcome their great new perspectives and new voices. Summer also means that there will be no Second Sunday potlucks and is a super time for folks to volunteer to "greet" on Sunday mornings or to "host" our weekly coffee-hour. Please sign-up on the bulletin board in

*"Let us also
remember that
all endings are
beginnings and
that both are
necessary for the
fullness of life"*

Riverside Reflections continues on page 4



On the Calendar for June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 Hatha Yoga 11:30-12:45 pm Med Group, 4-5 pm	4	5 Hatha Yoga 8:30-9:45 am	6
7 Service, 10:30 am	8 Recorder Practice 3:00-5:00 pm Hatha Yoga 5:00-6:15 pm	9	10 Hatha Yoga 11:30-12:45 pm Med Group, 4-5 pm	11	12 Hatha Yoga 8:30-9:45 am Men's & Women's Groups 5:30 pm	13 "Loving Day" Celebration Kate Curley Park 2:00 pm
14 Flag Day Flower Ceremony Service, 10:30 am	15 Recorder Practice 3:00-5:00 pm Hatha Yoga 5:00-6:15 pm Teen Coffee House 7:00 pm	16	17 Hatha Yoga 11:30-12:45 pm Med Group, 4-5 pm	18 	19 Hatha Yoga 8:30-9:45 am "River Rocks" Art Festival	20 Soup Kitchen, 11:30 am "River Rocks" Art Festival
21 Father's Day Service, 10:30 am Forum, noon	22 Recorder Practice 3:00-5:00 pm Hatha Yoga 5:00-6:15 pm	23	24 Hatha Yoga 11:30-12:45 pm Med Group, 4-5 pm GA BEGINS IN SLC	25	26 Hatha Yoga 8:30-9:45 am	27
28 NO SERVICES	29 Recorder Practice 3:00-5:00 pm Hatha Yoga 5:00-6:15 pm	30	1	2	3	4 4th of July Potluck Picnic late afternoon stay & watch the fireworks

Calendar "Highlights" for June

- 12 Men's & Women's Groups meet at —5:30 pm
- 13 "Loving Day" Celebration —2:00 pm
- 14 Flower Ceremony during the service
- 15 Teen Coffee House — 7:00 pm
- 19–20 "River Rocks" Art Festival
- 20 Soup Kitchen — 11:30 am
- 21 Forum — 12:00 Noon
- 24–28 General Assembly, Salt Lake City
- July 4th Picnic & Fireworks



**GENERAL ASSEMBLY IS
JUNE 24-28, SALT LAKE CITY**

FEATHER REMINDER: When you see the "feather" displayed on the calendar, it is a reminder to send in your Horizon news by the end of the weekend.

Ongoing — See Calendar for details

- Hatha Yoga
Mondays 5:00 - 6:15 pm
Wednesdays 11:30 am - 12:45 pm
Fridays 8:30-9:45 am
- Recorder Practice
Mondays from 3:00 - 5:00 pm
- Meditation Group
Wednesdays 4:00 - 5:00 pm

NOTE: "Wednesdays Together" will resume this fall

The next newsletter deadline is
June 19th
Please send your items to
minister@idahofallsuu.org and to
kpschaef@datawav.net



Watch for changes or additions to this schedule in the Sunday Orders of Service



Around the Church, the Community, and the World

by Karen Schaefer, Secretary

Notes in regard to UUA General Assembly: June 24-28

Please note:

- There will be **NO CHURCH here at UUCIF on Sunday June 28**. All are encouraged to carpool to Salt Lake City for the 9:00 AM worship service at the Salt Palace. If you are someone who can offer transportation, or someone who will need a ride, please call the church office at 522-8269 as we will try to provide connections for the community.
- Because attending General Assembly is such a wonderful experience the UUCIF board has made some money available from our UUCIF budget to help defray the costs for those registering and attending GA. Please call the office or email Rev. Lyn at, minister@idahofallsuu.org to request a portion of this financial assistance. Persons who are financially able are also invited to donate funds to help others, please identify money given as for the "UUCIF GA Scholarship Account."



Many Thanks for a Beautiful Maypole Blessing!

This year our May Day was postponed due to wind and wet weather even though David Sealander made a special effort to be here to provide accompaniment. So we were so very fortunate to have splendid sunshine and very light breezes on Mother's Day, May 10. Our "weaving" started a little messily, but by the time we had completed the pole we had established a lovely pattern setting the stage for a most successful and creative summertime. Many thanks to all who participated and we are especially grateful to David Sealander for his tunes and to Jeff Leuschen who has learned to install the pole without destroying the lawn.

Riverside Reflections continued from page 2

the Willard Coffee Room.

In September as summer officially ends, we will begin our new UUCIF "program year." September 13th will be our annual "Welcome Back Water Ceremony"- a time to once again gather as a church community ready for a full year of rich opportunities to learn and grow. On that Sunday folks are asked to bring small amounts of water from the places they might have visited or symbolic of their summer activities, transitions or transformations. Combining these waters our ritual will punctuate the beginning of a new church program year here together.

Let us also remember that all endings are beginnings and that both are necessary for the fullness of life. Be well and let us have restful and rich summer-times together and apart. Blessed be. Lyn



Second Annual "Loving Day" Awards and Celebration Kate Curley Park, June 13, 2:00 pm

Sat June 13 All are cordially invited to the second annual "Loving Day Celebration" Honoring the life of Mildred and Richard Loving whose marriage motivated the Supreme Court in 1967 to declare as "unconstitutional" miscegenation laws that made marriage between African Americans and whites illegal.

When interviewed in 2007, Mildred said that she considered her marriage and the court decision to be God's work and that she supported everyone's right to marry whomever he or she wished, and even expressed support for gay marriage.

This year the Snake River Freedom Coalition will again honor Idaho Falls people who represent the best of this community demonstrating their support for the causes of equality and honoring diversity.

BBQ burgers, dogs and veggie patties, chips and beverages provided. Bring a dessert or salad to share. Also bring outdoor games, activities and lawn furniture. . Kate Curley Park 2:00 pm



Around the Church, the Community, and the World



**Many Thanks
to and for
Kevin Young!**

On Sunday May 17 our UUCIF sanctuary thrilled to the sounds of Kevin Young and his smooth jazz! What a joy it was to have this room filled with wonderful saxophone! Many of us quickly devoured his Eastern Idaho Jazz Society CD's and promised not to miss the concerts on June 20th at the Eastern Idaho "River Rocks" event. The day long festival in connection with the Art Museum's Plein Air Paint-Out is free to the public-- even a concert featuring Kristen Korb at 7:00 pm.



Also on June 19, there is a \$25.00 ticketed event combining a barbecue, an auction of the "Plein Air" paintings and a concert, featuring the Kevin Young Trio!

"Float" Workers in Our Garage

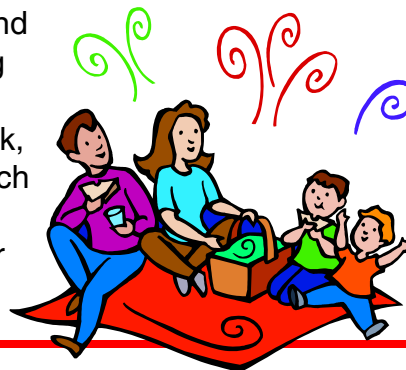
PFLAG and Breaking Boundaries people working on items for their float entry in the Idaho Falls Fourth of July Parade will be using our UUCIF garage and other areas during the month of June. They are very thankful to be able to use this space and, will be most respectful of our building and may need to leave their projects in place from day to day. Please help them as they learn their way around our building and grounds. Introduce yourself and say "hello" if you meet them in passing.

JULY 4TH **PICNIC**

The Third Year for the 4th!

**This year UUCIF will again host
a late afternoon potluck picnic
on Saturday, July 4th.**

All are welcome! Bring food to share, outdoor games and activities, lawn chairs and blankets. There will be lemonade and iced tea and we'll close off our lots and enjoy an afternoon of noshing, nibbling and community followed by more food and then, after dark, some of us will remain to watch the fireworks over the river! Call the office at 522-8269 for more details.



UUCIF All Church Clean-Up

On Saturday May 16 a very few of us; Diane and Sabrina Harding, Jeff Leuschen, Lyn and the ever faithful Lloyd Pickett gathered to rake and sweep and trim and generally work to spruce –up our church property, but not everything on the list was done! If you can find a few hours to helping keep our building and gardens looking great – just pitch in! There will be a list of jobs on the bulletin board in the Willard Coffee Room. Your assistance is greatly appreciated!

ESCAPE TO VERMONT

October 9-11, 2009

Fifteenth Annual B&B Weekend offered by the UU Church of Rutland, VT. Enjoy the beauty of Vermont, UU hospitality, and a choice of guided activities: hiking, nature walk, kayaking, bicycling, antiques/arts, cider making historic tour, soaring tour, touring historic sites and quaint towns, and much more. Registration by August 15, \$275 (single) and \$475 (double). After August 15, \$325 (single bed) and \$525 (double bed). For more information contact uufoliagevermont@yahoo.com or (802) 353-7969.



Religious Education

IT'S A WRAP!

We are wrapping up our formal Religious Education year. **Thanks to all of our teachers and students** it has been terrific fun and a great success!

June 14th will be our annual Flower celebration and RE recognition Sunday. Please plan to attend this special Intergenerational Service.

The summer program will begin July 5th. All children 3+ will be together for art, science and outdoor activities.

The youth (13+) are taking a road trip to UT June 20-21st. They will be visiting and staying at the Hindu Temple in Spanish Forks observing a puja followed by an intimate and frank discussion with the priest. Contact [Alex adawson@vandals.uidaho.edu](mailto:Alex_adawson@vandals.uidaho.edu) or [Debu DEBUMAJUMDAR@yahoo.com](mailto:Debu_DEBUMAJUMDAR@yahoo.com) for more information.

**3rd Friday
Family Fun Night
is suspended for the summer
and will resume
September 18th.**

If you would like more information concerning our program or Volunteer opportunities please contact Diane Harding 528-8779, Rebuild4RChildren@gmail.com

Thanks again for a terrific year,
— Diane

*I have always imagined that
paradise will be a kind of
library.*

— Jorge Luis Borges

Social Justice Committee News

What is the Social Justice committee? We identify areas of social injustice and ways in which we can help rectify those injustices. That may sound daunting, but our actions are all taken in the spirit of 'every little bit helps. Each individual action may seem tiny, but tiny actions can add up to big results.

The social justice committee will not have formal meetings during the summer. Formal meetings will resume in October.

Look for a worship service and forum on anti-torture in August.


The teen coffeehouse will continue to meet through the summer, on the 3rd Monday of the month at 7:00 pm. Currently, it is meeting downstairs in the kitchen, so use the ramp door to enter the church.

Please contact Elizabeth Cogliati, 522-5752 or morganna1812@yahoo.com, with questions or comments.

TEEN COFFEEHOUSE

**The teen coffeehouse
will be held on
Monday, June 15th
at 7:00 pm**

We hope to see all teens there.



Forum, Sunday, June 21st, 12:00 noon

The forum topic will be health care reform. We will have an information packet provided by a UU physician from Colorado that includes a DVD and other relevant information. The health insurance industry is already moving full speed ahead to torpedo any attempt at creating a single payer system which is the preferred approach by health care professionals and a majority of Americans. We need accurate information to inform our Congressmen on how we wish them to vote on this very urgent and important matter in August. Bring Dad and be prepared for a very lively discussion. If you will be unable to attend call Richard Wilde at 522-6910 to inform him of your preferred system so we can get an indication of our congregation's position.

Rev. Sinkford to Speak At Anti-Torture Event

In August (Third Sunday) our UUCIF Worship Service and Forum will focus on Torture. On June 11th, Rev. William G. Sinkford, President of the UUA will speak at the Religious Witness Against Torture hosted by the National Religious Coalition Against Torture (NRCAT) in Washington DC. To join Rev. Sinkford, please visit NRCAT.org.

Contact Richard Wilde (522-6910) or Karen Shropshire (552-1321) with questions or suggestions.



Gathering Together

Men's Discussion Group

The Men's Group will meet at on Friday, at Lloyd Pickett's house, at 5:30 pm. Refreshments will be provided. Please come and bring a church friend who has not attended before. Call Richard Wilde at 522-6910 for information.

Women's Discussion Group

The next Women's Group meeting will be Friday, June 12th at 5:30 pm. Joanne McCrady will host. It will be a pot luck dinner. We will be discussing books. Bring a favorite book or be prepared to discuss a favorite book or author.

Getting More Done with "Annie"

Thanks to Evelyn Huot we now have a working and reliable copy machine in the office that can print our Sunday Order of Worship, and copies for REE and committee work! If you would like to learn how to make copies with "Annie" please stop by and ask Theresa. 522-8269!

When you and I look at these trees, these flowers, anything at all, we are the universe looking at its handiwork. You have perhaps seen the pattern of cross and yarn called the "eye of God" made first in our Southwest in homage to the sun. We, too, all of us together, all the eyes of all the creatures, are the eye of God. That is why we need each other, our many ways of seeing, that together we may rejoice, and see clearly, and find the many keys to abundant life.

—Greta W. Crosby,
Unitarian Universalist minister

Soup Kitchen

Take over the Soup Kitchen for Marilyn this month? Sure....no problem. Ohhhh famous last words..

We started off well enough. Our initial survey of what was available in the freezer revealed pork loins so I decided that pulled pork barbecue, cole slaw (made from a great-looking Bobby Flay recipe), and baked beans would be a tasty almost-summer menu. Chris and I went in Friday to cook and prepare the meal so that all we'd have to do Saturday morning would be to reheat and set up for serving. And, after 7 hours of cooking, pulling 32 lbs. of pork, shredding 15 lbs. of cabbage and carrots, we were ready. Saturday morning when I removed the food from the refrigerator it was—much to my alarm—WARM! We later discovered that the condenser had committed sepuku, leaving us with a potentially poisonous meal. Out went 32 lbs. of shredded pork and a huge amount of cole slaw.....what a waste! Additionally, the dishwasher followed the refrigerator's example and it, too, was kaput. We were able to serve a tasty meal as there were cooked pork sausage patties in the freezer. Served on buns with freshly made cole slaw and beans, it made a decent meal. If I was superstitious, I'd have felt superstition confirmed when the third blow fell.....we were severely undermanned. And lo....two young men who were in need of community service hours walked in looking for work. So it was a good day, 134 plates were served, and we had a good time.

The soup kitchen is seriously in need of volunteers, folks. And that need is going to become critical when two long-time and always-reliable volunteers leave in August. If you're inclined to donate 2 hours one Saturday per month, we'd greatly appreciate the help.

Many, many thanks to Bob Gherke, Catherine Nelson, Vic Allen, Chris Hunt, and the two fine young men who helped us out of a tight this month.

Have a wonderful summer.

— Robin

Voluntary Simplicity Tip for June

In Spring and Summer, we want to maintain our lawns; here are some tips:

- 1) to fertilize, use cottonseed meal or dried poultry waste;
- 2) to stop weeds, apply corn gluten meal (animal feed), 20 lbs per 1000 square feet, early in the season and in the late Summer — it is also nutrient rich;
- 3) to eradicate grubs, apply Milky Spore (poisonous to them), 4 oz per 1000 square ft, during Spring or Summer;
- 4) water when the grass no longer springs back from footsteps (usually about every three days).

Vision/Mission Statement

“We are a loving and caring religious community
that affirms the sacredness of all life.

We provide a spiritually nourishing
and intellectually stimulating environment
with respect and acceptance for each individual.

We encourage exploration and growth in a spirit of fellowship
and love for seekers of all ages.

With an attitude of cooperation, we will be a catalyst for
religious freedom, social justice, peacemaking,
and responsible stewardship of the Earth.”



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Idaho Falls, ID 83405-0376