



Our Vision

The Unitarian Universalist Church in Idaho Falls is a vibrant and welcoming church home for everyone. With a tradition of thoughtful searching, we are a beacon of truth, love and justice.

Our Mission

Honor the individual's right to religious and spiritual freedom
Minister to each other and the community at large
Nurture the search for truth and meaning
Be a loving and intergenerational community welcoming to all beliefs, races, sexual orientations, ethnicities and gender identities
Improve the quality of life by living our values and working for local and universal justice

Our Covenant

Love is the spirit of this community and service its law. This is our great covenant: To dwell together in peace, to seek the truth in love, and to help one another.

Horizons Newsletter

UNITARIAN UNIVERSALIST CHURCH IN IDAHO FALLS

October Worship

October 2018

Sunday Services 10:30am

October 7 "Morality Without A Book"

Humans have written many books on morality, and invented many gods. Humans have even discovered a god. We have created and will create brainless things of great power. This sermon will give various musings on these topics.

A worship service led by Worship Associate Josh Cogliati.

October 14 "Do Unitarian Universalists Have Faith in Anything? Yes!"

How often have you tried to explain to someone what Unitarian Universalists (UU) believe or do not believe? What do you say to someone after you've told her or him we do not subscribe to any creed? How do you respond to someone who tells you that, in their opinion, UUism is not a religion because it doesn't have any faith grounding it or it doesn't believe in God?

In this very light-hearted and humorous yet very serious reflection I lift up how we have *lots* of faith! I am sure I'll have provided some answers to those pesky questions that may have been going around in your head for quite some time.

NOTE: This is a GREAT service to bring that person(s) in your life who keeps vexing you with questions about UUism. Or it is valuable for that someone who you sense is a Unitarian Universalist at heart and you feel would fall in love with it if they were introduced through a humorous and honestly informative service.

This is the Sunday for our Second Sunday Shared Meal. Bring along a dish to share and join us following the service for our monthly community potluck.

October 21 "Domestic Violence: Hope and Dignity, Lost and Found"

Interim Minister Rev. Jacqueline Ziegler speaking. This very touching service is offered because October is National Domestic Violence Awareness Month.

In one way or another everyone is profoundly touched by our sisters and brothers who are victims of domestic violence. This service will reflect on how the inherent worth and dignity of a person can be destroyed by domestic violence and how hope and dignity is often found or reclaimed through a community of people who offer spiritual sustenance in concrete ways. Included in the service will be a special silent candle-lighting ritual for those who have been directly or indirectly affected by domestic violence.

Our Home
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Our Web Site
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Minister
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**Director of Religious
Education and
Exploration**
Elizabeth Cogliati

Executive Board
Daniel Schwen
Molly Brinkerhoff
Cindy Logan
Josh Cogliati
Laura Warner
Steve Wike
Lisa Christenson

October 28 “All Souls’ Day: Remembering and Honoring Our Beloved Dead”

Interim Minister Rev. Jacqueline Ziegler speaking.

The end of October and the beginning of November is a time when the theme of death is imminent in nature. It is also the time when many religions pay homage to their beloved dead. Members of the Earth Centered religion of Wiccans around the world regard the feast of Samhain (October 31-November 1) as the most important of their four quarter days. And one of the most elaborate festivals at this time of year is El Día de los Muertos, the Day of the Dead, observed on November 1 and 2 in Mexico and other Latin American countries. Blending Roman Catholic rituals of All Saints’ and All Souls’ Day and “El Día de los Muertos,” which is a millennia-old Mexican Indian tradition, people participate in solemn religious rites such as masses and prayers for the dead in church and a joyous celebration that honors the connection between the dead and the living, and the ways in which those who have passed on continue to walk with them. Since the late Middle Ages, the dead have been remembered in Christian countries in Europe and elsewhere around the globe in formal church services on All Souls’ Day.

In this service I will reflect on the way we Unitarian Universalists honor our beloved dead. There will be a candle lighting ritual through which people can remember and honor their deceased loved one.

Everyone is invited to bring a photograph of a loved one who has died and/or some object which the deceased one treasured to place on our altar in our sanctuary. Remembrances of animal companions are welcome too. The death could have happened a long time ago or recently.

NOTE: In the Halloween tradition, adults and children are invited and encouraged to wear a costume to the service, because after the service there will be some merry-making as the CHILDREN will judge which adult(s) has the best or coolest costume!

Up-Coming Special Events and Services at UUCIF

November 7: A Post Mid-Term Election Evening Gathering (TBD)

December 21: A Contemporary Contemplative Winter Solstice Service at 7 p.m.
Winter Solstice is by far Unitarian Universalists’ favorite holiday!

December 24: A Christmas Eve Candlelight Service (TBD)



“I am anxious about what the mid-term elections will I mean for our country. If events of last year are harbingers of what will happen, I fear we’re in for many more challenges to our democracy.”

So This Minister Walks into a Congregation and . . . Interim and Other Ministry Topics

Greetings good people.

Part I

Nothing beats really feeling welcomed and appreciated and that’s exactly how I felt on Sunday, September 9, my first service with you. Thank you so much for the gracious welcoming words from every person I met and the great spread of food. A special thank you to Katharine Giovanna for the delightful photos and montage of me from an Andy Warhol take!

Part II

As I sat in my backyard mid-evening last week, the signs of summer’s end and the start of autumn were unmistakable: cooler temperatures, shorter days, and yellow hues among the verdant green leaf canopy. I thought about how quickly summer came and went. And that the laid-back summer Sunday services have quickly transitioned to the service pace of the regular church year. Energy abounds in anticipation of the services, activities and events that are planned for the year.

We are only into the second month of the new church year and we’re really moving full steam ahead! This is wonderful. As fall gets underway, the November mid-term elections weigh heavily on my mind, as I know they do for many of you. Not too long ago my UU colleagues and I spent a couple of hours discussing our concerns about the emotional impact the mid-term campaigns are having on ourselves, our members and friends. We were painfully aware that whoever wins, someone will be hurting or feeling despair. We discussed the responsibilities, as pastors, that we must take on after the election. We all agreed we have a responsibility and desire to help all of our members and friends feel that their spiritual, religious community is one place where they will be respected regardless of their political identity.

I know that this Unitarian Universalist community is no different than other Unitarian Universalist communities. It’s made up of democrats, republicans, progressives, greens, libertarians, socialists, and members of other political parties. It is a multi-party community! Therefore, I encourage all of you to “honor and affirm the inherent worth and dignity of every person” – and that includes every person in this congregation! At this time more than ever, let us, as Unitarian Universalists, practice this principle! Let us “walk our talk!”

I am anxious about what the mid-term elections will mean for our country. If events of last year are harbingers of what will happen, I fear we’re in for many more challenges to our democracy. So I wanted and needed to write a column that offers some hope -- which is an exercise in unbridled faith (some might say futility). But Faith is part of that memorable trinity of “Faith, Hope and Love” and “Faith” is inseparable from Hope and Love. As I was looking for inspiration on what to express to you in terms of Hope, I went through columns which I’ve submitted for previous newsletters. And I discovered a consistent theme in them, which only lifted up the idea that everything old will eventually be new again. Here, then, is the theme I



“Good people, may the days ahead be easy on your mind, heart and physical well-being.”

Rev. Jackie

discerned from those columns over so many years, and which seems just as appropriate in our current world as it did in the past.

The theme focuses on the old adage that claims “Change alone is unchanging.” That adage still holds true today. It is easy to say and comprehend, but difficult at times to accept. We measure the years of our lives by the time it takes the Earth to circumnavigate the sun — but also in terms of key events. We are the sum of those events, whether they’re tinged with sorrow or with joy. During the past twelve months, some have been blessed with new love, new grandchildren, new friends, new jobs. Others have been less fortunate. Abraham Lincoln once related the story of a monarch who challenged his advisors to find one phrase that was always true, regardless of circumstances. After much deliberation, they offered the words, “This too shall pass.” They also suggested that such words would offer a measure of consolation in times of distress and a measure of prudent pause. As the mid-term elections approach and bring us an outcome that could be blessings or heartbreaks, may we know the promise held in Abraham Lincoln’s advisors’ “This too shall pass.” May we also hold onto that memorable trinity of “Faith, Hope and Love” to strengthen our resolve to continue to work for justice as we are challenged by the changes that will come regardless of the mid-term election results. And may we continue to support each other in the spirit of fellowship that this beloved congregation offers.

Good people, may the days ahead be easy on your mind, heart and physical well-being. See you at the Sunday services and/or events at the church or elsewhere. And may we have many beautiful Indian Summer days before Old Man Winter comes blowing in with all his awesome and awful gifts.

Cheers and Blessings, Rev. Jackie



Wanted: Drums and Other Objects To Use As Drums

I will be offering a Contemporary Contemplative Winter Solstice service on Friday, December 21 at the church and it includes a lot of drumming. This special service will be open to the public and often the general public doesn’t bring a drum and thus they aren’t able to participate in the drumming as they would probably like to. In order to increase the possibility that everyone will have a drum to play on, I am asking UUCIF members and friends to save their 1 and 2 pound coffee cans and lids, round Quaker Oats Oatmeal boxes and lids, and anything else that can be used as a drum. When you have some saved, please put them in a bag and give them to me after a service or drop them off at the office. Thanks. ~ Rev. Jackie



UUCIF News From “Upstairs”

By Elizabeth Cogliati

REE kicks off October 7!

The younger children, ages 3-6, will doing Love Surrounds Us. About Love Surrounds Us: At the core of our Unitarian Universalist community are our seven Principles. The Principles encompass all the ingredients of a good and faith-filled life based on equality, freedom, peace, acceptance, truth, care, and love. This program explores all the Principles in the context of Beloved Community of family/home, school, neighborhood. Participants engage in activities that emphasize the love they feel in community.

The older elementary children (ages 7-12) will be doing a set of lessons on the principles this fall that I have created. They will be doing an all-building scavenger hunt during REE time, including occasionally coming (quietly!) into the sanctuary. If you see odd boxes and envelopes (labeled REE) around the building and grounds in October and November, that's what's going on.

Our new youth group for 13 and 14 year-olds also starts October 7. Led by Cindy Logan, Diane Roberts, and Alex Dawson, the youth will be discussing what it means to be a UU. They will meet on the 1st and 3rd Sundays of each month during REE time.

The Teton Room, across from the nursery upstairs, is becoming a meditation/quiet room. It should be open starting the 1st week in October.

Calling all adults to wear costumes on October 28!! We will have a costume contest after the service for ADULTS -- the children will be judging it! The children's Halloween fun will be during the REE time on October 28 with fun (non-candy) prizes.

The women's theology study group resumes in October, on the 2nd Sunday, October 14, after the shared meal. Childcare will be provided.

If you have a child in your household or you are close to children or youth you would like to share your UU Identity with, there are UU Identity Take Home packets available. See Elizabeth Cogliati to pick one up.

“Our new youth group for 13 and 14 year-olds also starts October 7. ...the youth will be discussing what it means to be a UU.”

Contact DREE

Phone

(208) 403-1306

Email

dree.uucif@gmail.com

DREE Office Hours

Thursdays

8:30 - 11am

Dates Rev. Ziegler Will Be Out of Town

At the time of the printing of this newsletter I am planning to be gone from Monday, October 22nd until sometime on Friday, October 26th. I will be attending the Mountain Desert District's Unitarian Universalist Ministers Association's fall working retreat at the Ghost Ranch in New Mexico.

If you have a pastoral emergency you can try to contact me through my cell phone, 303-905-0271. As cell phone coverage is spotty at the Ghost Ranch you can also call there directly and have them deliver your emergency message to me. Their number is (505) 685-1000.



DREE Office Hours
Thursday: 8:30am—
11am

**Office Administrator
Hours**

Mon. 2:30p – 5:30p
Wed. 2:30 - 5:30pm
Thu. 2:30p – 5:30p

Around UUCIF

Want a Pastoral or Other Meeting with Rev. Jackie? Also, What Happens in an Emergency?

If you'd like to meet with Rev. Jackie for a pastoral or other purpose, please be sure to contact her for an appointment at revziegler369@yahoo.com or 303-905-0271. She will meet with people at the Fellowship, their homes and at other locations. Or, if you just want to visit with Rev. Ziegler she will be in the upstairs level at City Bagels and Bakery, 369 Shoup Ave, Wednesdays from 1 p.m. to 3 p.m., starting October 10. She calls this "A Cuppa of Java Time."

However, please understand that it is possible she may not be able to be there on certain Wednesdays because she may have an emergency call or may need to attend a meeting. If you want to make sure she'll be there, call her.

Rev. Jackie is always available for pastoral emergencies. Please call her, even if it is in the early morning hours. If she is not home please leave a message letting her know that it is an "EMERGENCY" and provide the number where you can be reached (please speak slowly and repeat the number TWICE) and she will call you back as soon as she can.

Board Approves "Change for Change"

Upon the recommendation of Rev. Ziegler, and followed by a discussion at its September 2018 meeting, the Board voted unanimously to offer a simple way for the Unitarian Universalist Church in Idaho Falls (UUCIF) to do even more community outreach. They voted to institute a straightforward and successful program called "Change for Change."

This highly successful program is used nationwide by many other Unitarian Universalist congregations. The program goes by other names too, but they are essentially working with the same idea. How it is implemented varies from congregation to congregation. UUCIF's Board decided that one Sunday service a month people are invited to put their pennies, nickels, dimes, quarters, dollar bills of any amount and checks that aren't specifically designated for their pledge into the offering baskets. Then everything that is given that Sunday is totaled up and donated in the congregation's name to a local Idaho Falls or Bonneville County nonprofit agency. In "some" instances a national Unitarian Universalist program could be a recipient too.

"Change for Change" will begin with the October 21 service and as often as possible at the second Sunday service of each month. The first recipient of the program is the Domestic Violence and Sexual Assault Center. During October 2018, members and friends are invited to nominate other local Idaho Falls and Bonneville County nonprofit agencies to be recipients for the Board to consider.

So look under and between the couch cushions, in your pant pockets or purse, in the ashtray of your car, or wherever you stash your coins, pull out some dollar bills or write a special check with "Change for Change" on the memo line and place it in an offering basket. In this small yet very effective way UUCIF will help deserving nonprofit agencies defray some of the costs associated with offering their services, and thus together we'll help make a difference in the quality of life in the larger community.



“If you are interested in joining a discussion group based on Justice on Earth please contact Vic Allen.”

UUA’s “Common Read” For 2018-19

The Common Read Selection Committee is pleased to announce the 2018-19 Common Read: *Justice on Earth: People of Faith Working at the Intersections of Race, Class, and Environment*, edited by Manish Mishra-Marzetti and Jennifer Nordstrom (Skinner House Books, 2018).

At a time when racial justice, environmental justice, and economic justice are seen as issues competing for time, attention, and resources, *Justice on Earth* explores the ways in which the three are intertwined. Those on the margins are invariably those most affected by climate disaster and environmental toxins. The book asks us to recognize that our faith calls us to long-haul work for justice for our human kin, for the Earth and for all life. It invites us to look at our current challenges through a variety of different perspectives, offers tools to equip us for sustained engagement, and proposes multiple pathways for follow-up action. *Justice on Earth* is available at inSpirit: UU Book and Gift Shop.

If you are interested in joining a discussion group based on *Justice on Earth* please contact Vic Allen. We will begin a group discussion of the book in mid-October.

Looking To Help?

Our UUCIF community offers lots of opportunities to lend a hand. Whether it’s in the garden, upstairs with the youngsters, downstairs helping set up and clean up for our weekly social hour, or greeting people as they arrive for services. No matter your abilities or schedule there is a place for you here in addition to Sunday mornings.

If you would like to find out more about the possibilities please contact the UUCIF office at (208) 522-8269 or uucifoffice@gmail.com

UUCIF, You, and KISU

KISU – FM is our local “ear to the world” and is a popular source for news, music, and information to many in the UUCIF congregation. So it should come as no surprise that members of our congregation are big supporters of KISU, writing a check (or checks) to ensure KISU FM stays on the air. But did you know you can double the impact of those dollars? Simply note with your check that you would like your donation credited to UUCIF’s account. You get the tax deduction and the satisfaction of supporting a worthy cause, UUCIF gets on air recognition and KISU stays on the air. What could be better?

Unitarian Universalist
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